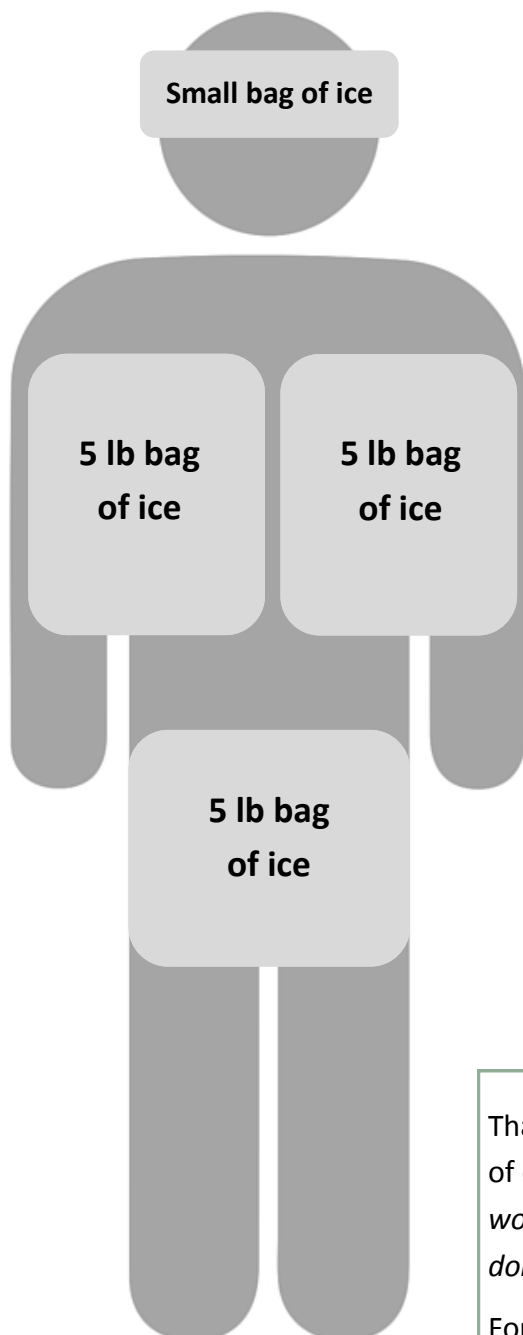


For hospitals without a cooled morgue, Iowa Donor Network has developed the following guide on how to cool the body to ensure the opportunity of donation is preserved. We request that cooling time begins as soon as possible and within 12 hours from time of death or last time known alive. Please be assured that IDN does everything possible to expedite removal of the donor for donation or send a team to the hospital if the recovery will take place at the hospital. If you have any questions regarding this process, please speak to one of our Donation Specialists at **800-831-4131**.



Instructions:

1. Gather and double bag approximately three 5 lb. (basketball-size) bags of ice. Do not open the bags of ice if purchased from outside the hospital.
2. Place the patient in a body bag or sheet and elevate the head of the bed (approximately 30 degrees).
3. Place two bags of ice directly on each axilla. Place one bag of ice over the groin area. The goal is to reduce the patient's core body temperature.
4. Partially fill a smaller bag or non-sterile glove with ice. Instill saline drops to eyes and ensure the patient's eyelids are closed. Place a wash cloth or gauze over the patient's eyes, then gently place the ice on the wash cloth.
5. Zip the body bag closed or fold the sheet over the body.
6. Document in the patient's chart the time ice was placed, where it was placed, and who placed it.
7. Check every 2 hours and replace ice as needed.

Thank you for all your time and efforts in preserving the opportunity of donation for the patient and families you serve. As a team, we are *working together to transform lives through organ and tissue donation*.

For more information on the donation process, please visit our website at www.iowadonornetwork.org.